



Alan Dowie
Executive Strategist

Alan is a globally experienced Change Leader who brings a proven track record of mobilizing cross-functional and international teams to deliver outstanding results. He has extensive experience of operating at Director and Board level. Alan possesses a natural ability to persuade and negotiate and he is renowned as an effective Coach, Facilitator and Mentor.

During a 30-year career with Johnson & Johnson, Alan gained a reputation for Servant Leadership, People Development and Change Management. He successfully led multi-country and multi-function change programs which delivered outstanding business results. As a Lead Examiner in Johnson & Johnson's Business Excellence process, he worked with cross-functional teams across the globe to improve business performance, leading assignments in countries including Japan, Singapore, Malaysia, Australia, South Africa, the USA and various parts of Europe.

Alan takes a highly ethical approach and is accustomed to working with sensitive information, understanding the importance of confidentiality. He is trained and experienced in methodologies which include Six Sigma (Black Belt), Lean and Business Excellence. The key tenets of Alan's leadership style are engaging, influencing, persuading, collaborating and results-orientation.

In 2008, Alan partnered with Dr Stephen G Payne to produce *Manage Your World on One Page*, a book which aimed to help readers achieve their goals via a clear and succinct one-page plan. The authors coined the phrase "1-Paging" to describe the thought-process behind the development and implementation of a personal one-page game plan. The continuing and relentless pace of change makes these ideas more relevant today than ever.